The Journey Through the Year

Throughout the year, students participate in age-appropriate discussions and activities exploring:

- Identity, personal story, character and faith
- Family, heritage and the people who have shaped them
- Friendship, belonging and respectful relationships
- Emotions, resilience and wellbeing
- Communication and healthy boundaries
- Talents, purpose, leadership and service
- Growing independence and wise decision-making

The program follows the pattern of a traditional rite of passage. Students are called to begin their journey, challenged to grow, given opportunities to reflect and welcomed back with greater responsibility.

1 | The Call and Departure

The Call invites students to recognise that they are entering an important season of growth. The Departure then symbolically marks the beginning of their movement away from childhood and towards increasing responsibility.

These ceremonies do not suggest that students have suddenly become adults. Instead, they acknowledge that students are ready to take greater ownership of their attitudes, relationships and choices.

2 | The Following: Mentoring

During The Following, students are encouraged to identify a trusted adult mentor who can walk alongside them during the year. Mentors listen, encourage, share wisdom and model the qualities of respectful and responsible adulthood.

Mentoring reinforces that young people are not expected to navigate adolescence alone. Families, teachers, mentors and the wider community all have an important role to play.



Fremantle Christian College

3 | The Solo Journey

The Solo Journey gives students an opportunity to step away from the noise and distractions of everyday life. Within a carefully planned and supervised environment, students spend time in silence and personal reflection.

Through journalling, prayer and guided reflection, students consider their identity, relationships, values, choices and hopes for the future.

4 | The Return and Homecoming

At the end of the year, students reflect on their experiences and identify how they have grown. The Homecoming allows their progress to be recognised and celebrated by their families and the College community.

It marks the conclusion of the formal program while reminding students that their journey towards maturity, wisdom and Christlike character continues.

Some discussions occur in separate boys' and girls' groups, creating a supportive environment for students to ask honest questions.

Other experiences bring the whole cohort together to develop mutual understanding, respect and community.

Each student also works through a personal Rite Journey Guidebook. It provides space to record reflections, respond to important questions and capture insights from the year, creating a personal record of this significant season of growth.

Personal and Shared Challenges

Students participate in physical, personal and group challenges that take them beyond what is comfortable or familiar.

The purpose is not competition or comparison. Students are encouraged to persevere, support one another and discover how they respond when something becomes difficult.

The Major Challenge: Bluff Knoll

The major challenge of the year culminates in climbing Bluff Knoll. After preparing through a series of physical challenges and training activities, students travel to the Albany region to take on the climb together.

Reaching the summit tests students physically and mentally, requiring courage, resilience, teamwork and perseverance. The real achievement is not simply reaching the top, but discovering what they are capable of, supporting one another through difficulty and recognising who they become while facing the challenge.



Fremantle Christian College